

Agape Black Belt Center

Overnight Taekwondo Camp

HELPFUL PACKING TIPS



Pack With Your Child

Packing with your child is a great way to build excitement about camp and also a great way to talk through any worries or anxieties your child may have about the time away at camp. In addition, it will give you the opportunity to make sure they pack everything they need to bring, and leave at home the stuff that should stay at home. It also helps the child to know where in the bag or suitcase all of their items are located.



What To Pack Your Stuff In

Please only bring one Bag/Suitcase

Pack your stuff in something that you can carry a short distance from the parking area to the Registration Tables and to your assigned room. Make sure you label your bag.



Pack Appropriate Attire For Camp

Pack clothing that is comfortable in hot weather, suitable for outdoor games, and can get wet and/or dirty without being ruined. Campers should not pack clothing that promotes alcohol, tobacco, drug use, sexual behavior, or contains inappropriate language.

As a private organization, AGAPE Black Belt Center expects a high standard of conduct and dress. Please, no bear mid-riffs, or improper slogans. Shorts should be modest (not too tight, too high, or too low), and bathing suit should be modest with the tank top worn over to piece suits. We reserve the right to ask campers to change improper clothing.



For more information, clarity or questions, please feel free to contact:

Paul De Dios

Camp Coordinator

pmnieves.dedios@gmail.com

Be Sure To Pack The Following:



CLOTHING

- ✓ Sleepwear/Pajamas
- ✓ Underwear and Socks for 2 days
- ✓ Short Sleeve Shirts and Shorts (modest ones that you won't mind getting dirty!)
- ✓ Long pants or jeans
- ✓ Long sleeve shirt or sweatshirt
- ✓ Swimsuits (modest bathing suit with tank tops for girls, trunks or board shorts for guys)
- ✓ Sneakers
- ✓ Sandals or flip-flops for the shower
- ✓ TKD uniform and belt
- ✓ ABBC T-shirt and loose pants



TOILETRIES

- ✓ Toothbrush and Toothpaste
- ✓ Toiletries Bag (for trips to the shower)
- ✓ Washcloth
- ✓ Beach towel for the lake
- ✓ Basic bath essentials (Bath Towels, Shampoo, Conditioner and Soap)



MEDICATIONS

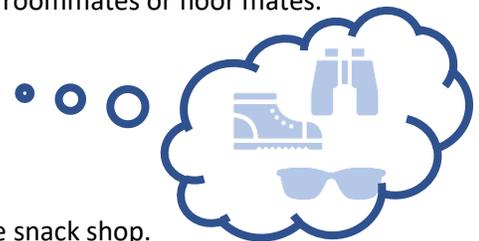
- ✓ All medications (prescription, non-prescription and over-the-counter) remain with and are dispensed by ABBC Staff.

Please pack ALL medications separately from your luggage to turn them in during Registration.



OTHER ITEMS

- ✓ Bedding essentials (blankets, sheets, pillows and pillowcases).
- ✓ Food, snacks or candy that you would like to share with roommates or floor mates.
- ✓ Laundry bag for dirty clothes
- ✓ Sunscreen and Insect Repellent
- ✓ Hat and sunglasses
- ✓ Camera
- ✓ Water Bottle
- ✓ Feel free to bring a small amount of money to use at the snack shop.



THINGS TO LEAVE AT HOME



Weapons, Knives, Ninja Gear, etc.

Anything which would result in tremendous unhappiness if it were lost, broken, or dirty.

Cell phones, electronic items, video games, iPods, etc.